High in Life, Not Drugs

By Brian Thanh

"Whether you think you can or you think you can't, you're right." (Henry Ford). Self-confidence is a powerful thing. As human beings, we are wired to follow in what we think and what we believe. Drug addiction is a problem that has been increasing immensely among society today. People mistakenly use drugs as a way to escape reality as well as to ease pain, and the consequences can hinder and restrain people from accomplishing goals, dreams, or even their way of living. There is more to life than taking drugs and alcohol and having one person recover from drug abuse can be an inspiration to others.

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